

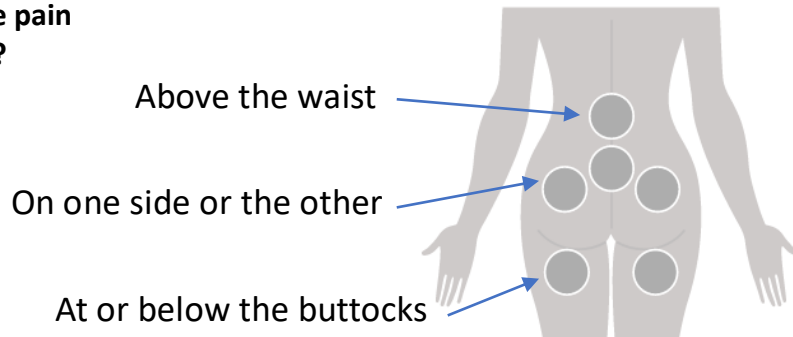
# Do you have SI Joint Pain?

Studies show that the Sacroiliac (SI) Joint is the cause of pain in 15-30% of patients with chronic low back pain.\*

Take this short quiz to find out if it could be the cause of yours.

1. What is your Gender? MALE | FEMALE

2. Where does the pain hurt the MOST?



3. Do you avoid sitting for long periods of time because of the pain?

YES, sitting hurts | NO, sitting doesn't hurt

4. Does climbing stairs make the pain worse? YES | NO

5. Did the pain start during pregnancy or soon after childbirth? YES | NO  
(Answer 'no' if you've never been pregnant or the pain started before pregnancy)

6. Does traveling in a vehicle make your back or buttocks pain worse? YES | NO

7. Is it painful to stand on one leg (affected side) for a prolonged period? YES | NO

8. Does getting in and out of a car worsen the pain? YES | NO

If you have more 'YES' answers than 'NO', your SI joint may be a potential source of your pain. If you would like to be evaluated by a qualified provider, please make an appointment with Dr. Mark Giovanini at NeuroMicroSpine by calling (850) 934-7545 or visiting [www.neuromicrospine.com](http://www.neuromicrospine.com).

NOTE: Only a doctor can diagnose SI Joint dysfunction. This quiz is not a substitute for a physician's evaluation or diagnosis. \*Rashbaum — Clin Spine Surg 2016